

## Be Still

When things go wrong in our lives, it is easy for us to get flustered and worried and busy trying to fix what has gone wrong. We can become distracted from seeking God and His way. God wants us to ask Him for wisdom and wait for Him to show us what we must do or what He will do. Sometimes He leads us to head in a particular direction. Sometimes He says wait and see what I will do.

Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth. (Psa 46:10)

But they that wait upon the LORD shall renew *their* strength; they shall mount up with wings as eagles; they shall run, and not be weary; *and* they shall walk, and not faint. (Isa 40:31)

Last week we learned about Joseph. He did much waiting on the Lord. He was at least two years in prison. While in there, he continued to serve the Lord and the Lord did deliver him. He didn't have a bad attitude or seek revenge on those that hurt him. (See Prov.20:22)

To be still is to wait on the Lord, let him have control, trust him.

2 Chron 20:1,2 – A great multitude came against Jehoshaphat the king of Judah to battle.

v.3 – Jehoshaphat feared....set himself to seek the Lord... proclaimed a fast.

v.4 – Judah gathered together to ask help of the LORD...they came to seek the LORD.

When we find ourselves in difficulty or facing decisions, the best thing to do is ask the Lord for help and seek Him (read His word – He speaks to us this way).

v.6-12 – Jehoshaphat prayed.

He acknowledged how great and powerful God is.

He remembered what God had done for them in the past. V.7

He claimed God's promises for help. V.9

He recognised that he was not able but God was. V.12 - ..we have no might...neither know we what to do: but our eyes are upon thee. It is when we are in a place like this, God does wonderful things. (See 2 Chron. 7:14-16)

v.15 – The LORD said...Be not afraid...the battle is not yours, but God's.

v.17 – don't need to fight this battle but be still and see God deliver.

What did Jehoshaphat do while he was letting the Lord take control?

v.18 – he worshipped the Lord

v.20 – he encouraged others to believe God.

v.21,22 – he praised the Lord in song and encouraged others to do so.

v.22-25 – God dealt with the enemies.

v.29 – God was glorified

Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD. (Psa 27:14) Be still; let God have His way and you will see that God is Great!