

The Virtuous Woman

What is the price of a virtuous woman? **Prov. 31:10**

What is the underlying reason that the virtuous woman of Proverbs 31 is worthy of praise? **Prov. 31:29,30**

From what three sources is the virtuous woman praised? **Prov. 31:28,31**

Her children arise up, and call her blessed...Prov. 31:28a

Find out what the virtuous woman does for her household (family) in the following verses.

Prov. 31:15

Prov. 31:21

Prov. 31:27

Are we diligent women? Are we seeking the best for our family? Eg. Healthy food, clothing that honours God, being a godly role model. Or are we idly wasting precious time watching TV or unnecessarily using the internet or pursuing selfish goals?

...her husband also, and he praiseth her. Prov. 31:28b

What does Proverbs 31 particularly say about the husband of the virtuous woman?

Prov. 31:11

Prov. 31:12

Prov. 31:23

Can our husbands safely trust us? Eg. Finances, friends, bringing up children. Do we talk about our husbands in a negative way to others or do we focus on and emphasise his good points? Are we seeking to build him up and encouraging him to follow the Lord? Do others look up to our husbands or do they feel sorry for him because of his wife?

“A virtuous woman is a crown to her husband: but she that maketh ashamed is as rottenness in his bones.” Prov. 12:4

...and let her own works praise her...Prov. 31:31

How does this virtuous woman work? **Prov. 31:13**

The virtuous woman works with her hands. Write down the things she does with her hands in the following verses.

Prov. 31:14,15

Prov. 31:16

Prov. 31:19,22,24

Prov. 31:20

Are we working willingly for others? Do we work hard? Are we considering the needs of others and helping out where we can? Are we using our time and money wisely? Are our words acceptable in God's sight and helpful and encouraging to others?

How long does she work? **Prov. 31:15,18**

What is her clothing like? **Prov. 31:22**

In what other way is she clothed? **Prov. 31:17,25**

What does she do before she purchases something? **Prov. 31:16**

What comes out of her mouth? **Prov. 31:26**

From what you have learned about the virtuous woman today, write a list of words that would describe her character.

Creative, Serving, Caring, Hardworking, Kind, Happy, Wise,, Organised, Diligent, Strong, Godly



Our culture is different. For example, we have machines instead of servants. However, no matter what the culture, these are characteristics that we all must strive for.

This is an impossible task if we try to do it on our own.

The word “strength” in Ps.18:32 is the same Hebrew word used for “virtuous” in Prov.31.

Who is it that helps us to be virtuous? **Ps. 18:32**

Remember: “..a woman that feareth the LORD, she shall be praised.” Prov. 31:30b